



Raffles Dubai

BUD: BODY TREATMENTS

SIGNATURE TREATMENTS

LOTUS TRANSFORMATION - 90 minutes

This signature treatment reflects the journey of the lotus flower, which moves through mineral-rich mud and healing waters to reach the warmth of the sun. A remineralizing moor-mud body wrap draws out toxins and hydrates the skin. An indulgent massage follows, utilising a blend of mineral-rich crème and detoxifying essences of organic juniper, fennel and lavender.

RAFFLES HAMMAM - 120 minutes

Transition from the world outside, to a peaceful sanctuary at Raffles Spa Dubai. This treatment purifies soul, body and mind bringing ancient Arab traditions to your own personal spa suite. The Hammam experience cleanses your body, through several steams with an invigorating exfoliation. You are then wrapped in a hydrating Rassoul mask during which you will receive an express facial, finishing with a cleansing shower and full body massage.

RAFFLES ENCHANTING GARDEN CEREMONY OF LAVENDER OR ROSE - 90 minutes

A spiral stairway descends into an enchanting garden with dandelion water cascade, bud's of purple tendrils winding through deep green blades of grass, blossoms of bright pink flowers and the blooms of giant leaves of ancestral proportions gently dip above the calming ebb of flowing water. The 'hidden gem' reveals itself to you with its structure of wood and a hint of glass, a doorway to a world away from the neighbouring marble, it welcomes you with warmth and charm of such a hidden retreat. Once you enter you are exfoliated and then massaged with rose or lavender combined with botanical neroli and lavender or eucalyptus from head to toe as you drift, transported to any where within your own world.

BODY TREATMENTS

ENRICH INDULGENCE - 90 minutes

Begin your treatment with the luxurious full body exfoliation to revive tired looking skin. You are then immersed in your own private steam shower to relax as you are enveloped in body butter and oil with the heady scents of vanilla and ylang ylang. Drift into indulgence as you are warmed by stones while you enjoy a gentle hydrating facial.

MARINE DETOX DISCOVERY - 90 minutes

This detoxifying experience envelopes you in warm Spirulina Seaweed full of antioxidants, trace elements and minerals for your body to absorb. Working on your target areas, a contouring massage combined with firming body crème fight in the battle to diminish the appearance of cellulite.

IMMUNE BOOSTER - 90 minutes

When you feel run down or if you are lacking in energy this is just the boost you need. The scent of eucalyptus and pine take you to the freshness of a crisp green forest. This is a relaxing face and body ceremony to decongest and revive you.

SUN RECOVERY HYDRATION WRAP - 60 minutes

Pure algae has been blended with Aloe Vera and organic essential oils to create this fast absorbing hydrating therapy which soothes the body after sun exposure. Enjoy a luxurious scalp, foot and hand massage while your body recovers from the heat of the sun.

MASSAGE TREATMENTS

TRADITIONAL HOT STONE - 60 minutes/90 minutes

Allow yourself to give in to the indulgence as the warm stones deeply soothe and release life's tensions. Retain the benefits of heat as we use natural stones formed from volcanic rock to lavish your body with specially selected aromatherapy massage oil. Prepare to have your tension melt away.

AROMATHERAPY MASSAGE- 60 minutes/90 minutes

Tantalize the senses and personalize your massage experience by choosing one of our organic oils. Select from our collection of specially blended essential oils, each crafted with the ultimate botanical ingredients. Let the oils saturate the skin, calm the mind, and lift the soul to another world.

DEEP PRESSURE- 60 minutes/90 minutes

This deep tissue massage targets sore muscles and enhances muscle recovery after exercise or the stress of everyday living. This massage may result in mild muscle soreness in tension areas.

RECOVERY MASSAGE - 60 minutes

This massage is the perfect marriage of Western techniques with Asian energy stimulation. Physiological massage movements combined with medium to strong pressure while energy balancing movements will be delivered with soothing strokes. This type of massage will help increase blood circulation and is recommended for pre and post travel.

TRADITIONAL MIX THAI MASSAGE - 60 minutes/90 minutes

This interactive treatment combines techniques for healing and transformation. Long flowing strokes eliminate tension from the muscle, while gentle stretches, compressions and rocking help to balance out the energy of your body.

SWEET DREAMS - 60 minutes

Enter the journey through Raffles Spa where your mind can switch off and induce a peaceful night's sleep after a long journey. Begin the treatment with deep inhalations to help clear the sinus' and drift into a sleepy state where the oils will help calm and comfort your tired body.

STRESS RELIEF - 60 minutes

This customized massage is designed for stress relief focusing on your main areas of tension using aromatherapy. Surrender the stress you carry in your back, neck, shoulders and feet.

REFLEXOLOGY - 60 minutes

The art of reflexology dates back to Ancient Egypt, India and China. Working through pressure points in the feet for relaxation, it balances the body's natural equilibrium.

MATERNITY MASSAGE - 60 minutes

This pampering experience is designed with the safety of mother and child in mind.

UPGRADES

Exfoliation upgrades may be added to any of our massage treatments for male or female guests.

STIMULATING SALT SCRUB - 30 minutes

An invigorating gel based thermal mineral salt scrub and cream rich in minerals and trace elements.

CHAMOMILE COMFORT - 30 minutes

A soothing Chamomile body scrub and a relaxing application of cooling chamomile lotion.

TURKISH SCRUB WITH EUCALYPTUS - 30 minutes

A melting soft salt scrub combined with lavender and eucalyptus to invigorate the senses.

BLOSSOM: BEAUTY TREATMENTS

FACIAL TREATMENTS

THE CUSTOMISED CLEANSING FACIAL - 60 minutes

This purifying treatment is designed for any skin type and includes an exfoliating peel to smooth the skins texture, a luxurious facial massage, a deep cleansing masque containing botanical extracts to rejuvenate and nourish the skin combined with steam and extractions. Included in the experience is a relaxing hand treatment.

ENVIRONMENTAL FACIAL - 60 minutes

This ultimate sensitive skin facial protects, corrects and rebuilds skin affected by environmental elements such as sunlight, air conditioning and pollution. Results include more even skin tone, reduced redness, nourished skin and renewed protection.

TRANSFORMATION FACIAL - 90 minutes

This facial corrects and improves hyper-pigmentation, uneven skin colour, sensitivity, fine lines, dehydrated and clogged skin, enlarged pores and loss of elasticity. It includes a customized exfoliation according to the skin's needs to improve skin texture and create a magnificent glow. A full skin analysis and consultation on the cause of skin conditions and how to improve them with lifestyle choices including a bespoke skin care program for you to follow to enable you to achieve your desired results.

SIGNATURE CAVIAR FACIAL - 90 minutes

The ultimate in anti aging treatments for the face, neck and décolleté. We work on refining, firming and nourishing the skin using a combination of powerful protein rich caviar, antioxidants, glycolics and a unique peel off masque that dramatically improves skin moisture. Results are immediate for creating a healthy luminescent skin at any age.

EGYPTIAN GOLD - 90 minutes

Raffles Spa is taking the lead in re-introducing Gold to the world of beauty by offering the 24 Carat Gold Facial Treatment. This unique skin rejuvenating experience utilizes a new technology of Gamma PGA, Ions, and Ultrasonic Nano Mist combined with pure 24 carat gold to deliver glowing, radiant skin. This is an ultimate experience of decadence during your journey to rejuvenation.

GENTLEMEN'S FACIAL TREATMENTS

NOBLE MAN - 60 minutes

A deep cleansing and revitalizing face treatment specifically designed for the demands of the gentlemen's skin. Your skin will be deep cleansed combining steam and foam while being revitalised with exfoliation, soothed with massage and hydrated with a mask.

BLACK DIAMOND EXFOLIATION - 60 minutes

This luxurious treatment will thoroughly rejuvenate the skin and help promote tissue regeneration. Fine cultured black diamonds and silver spheres will gently yet thoroughly exfoliate the skin. Acupressure massage combined with lymphatic drainage encourages the release of toxins. Finishing with a black silt mask application to tone the skin and reduce the appearance of pores and fine lines.

BLACK DIAMOND RECOVERY - 90 minutes

The perfect answer when you want to look your best with limited time to relax. Enjoy a combination of the Recovery Massage and the results of the Black Diamond Exfoliation while you catch up on some well needed shut eye.

UPGRADES

Facial upgrades may be added to any facial treatments for male or female guests.

EYE OF HORUS - 30 minutes

A gentle eye mask rich in marine elements, assists in decongestion and anti fatigue.

BRIGHTENING - 15 minutes

This antioxidant Vitamin C treatment strengthens skin elasticity and helps prevent premature aging.

MOISTURE BOOST

Super hydrating sodium hyaluronate, soy protein, caviar and rose deeply hydrate and leave the skin glowing.

ANTI-REDNESS

Gentle anti-inflammatory botanicals are synergistically combined to cool, calm and leave the skin feeling velvety soft. Benefits fragile capillaries.

INTENSIVE REPAIR

Lending elasticity and firmness to skin tissue, this treatment achieves a visibly youthful appearance.

GLYCOLIC

This exfoliation treatment helps to refine skin texture, minimize the appearance of fine lines and encourage a balanced skin tone.

*If you are suffering from sunburned skin, we advise you to wait until your skin has settled prior to receiving any facial treatment.

*We recommend that men shave at least 6 hours prior to any facial treatment.

ADVANCED ANTI - AGING TREATMENTS

K-LIFT TECHNOLOGY

This technology offers an age management program based on multiple sources of Kinetic energy in an effort to prevent and reverse physical signs of aging. This consists of 3 phases to help re-educate cells. A course of 12 is recommended to use over a period of 1 month, after which a monthly maintenance is advised.

K- LIFT ADVANCED RESULTS - 120 minutes

This results oriented treatment is customized to address specific skin conditions. From hyper pigmentation, sensitivity, oily skin and premature aging; this personalized facial helps treat and correct these skin conditions incorporating new lifting technology from K-lift.

K- LIFT CAVIAR FACIAL - 120 minutes

The ultimate anti aging treatment to hydrate, lift, firm and smooth the skin. Decadent protein rich caviar and powerful antioxidants infuse the skin with age defying nutrients to smooth fine lines and improve texture. These exclusive ingredients together with the Aculift Massage and the new K - Lift machine combat and turn around signs of aging.

EXPRESS ANTI - AGING TREATMENTS

The Express treatments must be combined with a facial.

EXPRESS EYES - 30 minutes

Designed to help strengthen the muscles, brighten the eye area and target the first signs of aging.

EXPRESS LIPS - 30 minutes

Lip lines, lower cheeks and jaw area are toned. Specifically designed for the lower portion of the face.

EXPRESS CONGESTION - 30 minutes

This treatment is designed to enhance circulation reducing oily skin and puffiness.

EXPRESS LIFT - 30 minutes

A preventative treatment designed to strengthen muscle tone and delay the aging process.

BLOOM: SPA PACKAGES

COPLES' TREATMENTS

TOGETHERNESS - 60 minutes / 90 minutes

Take time away to be together. Relax and enjoy side-by-side massages in the Raffles Spa Suite or in our Garden Retreat, using our signature oils.

ROMANTIC RETREAT - 90 minutes

Our signature couples retreat is offered in our Spa Suite featuring a Jacuzzi for two and side-by-side massages. Let the pressure of everyday life melt away as you submerge in a romantic candlelight bath with special Raffles touches.

INDIVIDUAL PACKAGES

JOURNEY THROUGH RELAXATION - 2.5 hours

- Full body exfoliation
- 60 minute massage of your choice
- The Custom Cleansing Facial
- A selection of spa teas, juices & delicacies

JOURNEY THROUGH CLARITY - 2.5 hours

- Thalassotherapy Seaweed Bath
- Full body exfoliation
- Marine Discovery Detox
- A selection of spa teas, juices & delicacies

JOURNEY THROUGH REJUVENATION - 2.5 hours

- Wellness Journey
- Transformation Facial
- A selection of spa teas, juices & delicacies

LIVING WELL - 4 hours

- Enrich Indulgence
- The Custom Cleansing Facial
- A selection of spa cuisine
- Wash and blow dry with hair ceremony
- File and polish for fingers and toes

ULTIMATE TRANSFORMATION - 6 Hours

- 90 minute massage of your choice
- Signature Caviar Facial
- A selection of spa cuisine
- Deluxe manicure and pedicure
- Wash and blow dry with hair ceremony

HAIR TREATMENTS

LADIES SALON

Try a salon experience that goes beyond the ordinary with the best in ladies private grooming at Raffles Salon. Our hair stylists specialize in colour, the latest hair styles and hair treatments or indulge in luxurious manicures and pedicures using professional nail care and the ultimate in spa products.
Consult our price list for our full range of services.

BEAUTY TREATMENTS

PRECIOUS HANDS SIGNATURE MANICURE -

60 minutes

This luxurious manicure includes hand exfoliation to renew skin and remove dead skin cells, hydrating mask or paraffin wax for deep hydration, nail grooming and polish.

PRECIOUS FEET SIGNATURE PEDICURE -

60 minutes

Our lavish signature pedicure includes foot exfoliation, hydrating mask or paraffin wax for deep hydration, nail grooming and polish. Treat your feet to the pampering they deserve!

DELUXE MEN'S HAND GROOMING - 60 minutes

A strong approach to a traditional manicure, this deluxe treatment begins with a soak in essential oils, continues with hand exfoliation and hydrating mask or paraffin treatment to relieve dry skin, a luxurious hand massage and finishes up with nail grooming and buff.

DELUXE MEN'S FOOT GROOMING - 60 minutes

This foot grooming helps stimulate circulation to revive tired or sore feet and legs. It includes foot exfoliation, hydrating mask or paraffin wax, nail grooming and buffing.

ROYAL SERVICE - Mani & Pedi - 90 minutes

This luxurious manicure and pedicure combination includes exfoliation to renew skin, a hydrating mask or paraffin wax and finishes with nail grooming and polish or buffing.



MALE GROOMING

MEN'S SALON

CLASSIC SHAVE - 60 minutes

This sophisticated shave brings you back to the era of luxury. Utilizing hot and cold towels this service will provide the ultimate shaving experience. Manual exfoliation using cultured black diamonds prepare the skin, after which an application of priming oil with white truffle extract is massaged in to soften the beard and prepare for a meticulous shave. The signature straight razor and badger hair brush will be used to enhance the experience and ensure a close shave. An application of the soothing shave balm will cool and calm the skin and promote cellular repair.

QUICK SHAVE - 45 minutes

For the man on the go, this express shave utilizes the straight razor, hot and cold towels and the continuously foaming shave gel with beta hydroxyl acids to revitalize the skin. Luxurious and convenient at the same time, an essential service to look and feel your best for business.

MEN'S HAIRCUT - 30 minutes

The men's haircut includes shampoo and conditioning of the hair and scalp. The hair will be cut, trimmed and styled to each client's preference.

SCALP SHAVE - 30 minutes

Your scalp will be gently cleansed, after which an application of priming oil with white truffle extract is massaged in to soften the hair and prepare for a meticulous shave. The three blade razor and badger hair brush will be used to ensure the closest shave possible.

FITNESS: BODY TRANSFORMATION

PERSONAL TRAINING SESSIONS - 30 minutes / 60 minutes

Need a quick burst of energy in your lunch break and you're short on time, we recommend three 30 minute sessions per week. With your commitment and will power to eat healthy you will see some great changes.

For more help and guidance with your health and well being we recommend you start with the 60 minute sessions to get you ready to achieve your fitness goals.



SPA ETIQUETTE

SPA EXPERIENCE

Raffles Spa experiences last at least an hour. After all, transformations take time, and we want you to take the time you need to experience genuine renewal.

SPA ENVIRONMENT

Raffles Spa is an adult sanctuary. Guests must be 18 years or older. For your peace and privacy, phones and other electronic devices are not permitted. If you wish to receive messages during your time with us, please let our staff know - we would be happy to assist you.

MAKING SPA APPOINTMENTS

Tel; +971 4 314 9870

Email; spa.dubai@raffles.com

You may also visit us on level four in Raffles Dubai.

To accommodate your preferences and ensure availability, advance reservations are recommended. Our knowledgeable Spa Reception Hosts are delighted to guide you to the experiences that suit your needs.

HOURS OF OPERATION

Pool: 6:30 am to 10:00 pm Daily

Spa Treatments: 9:00 am to 9:00 pm daily

Spa Facility & Fitness Centre: 6:30 am to 11:00 pm daily

SPA RECEPTION HOSTS

All of our Spa Reception Hosts are available in the spa and by phone to help you customize your spa experience and plan your treatment. They will also be happy to answer your questions and address your concerns.

FEES AND SERVICE CHARGE

Local Municipality Fees (10%) and Service Charges (10%) are included in the treatment price.

CANCELLATION POLICY

If you must reschedule or cancel any spa appointments or packages, please notify the spa 4 hours in advance. Missed appointments without proper notices are subject to a 100 percent charge for reserved services. The same applies for no-shows.

SPA ARRIVAL AND ETIQUETTE

We recommend that you arrive 30 minutes prior to your scheduled appointment time. This gives you time to familiarize yourself with the facilities and relax before your treatment. Please note that all treatments end on time, regardless of start time. Please leave jewellery and valuables in your room or the hotel safe.

PERSONAL MATTERS

Please inform us of any health conditions at the time of booking (e.g. high blood pressure, heart condition, allergies, and pregnancy). You will also be asked to complete a medical-history form upon arrival so we may better customize your experience to your needs.

SPA ATTIRE

You will receive a robe and sandals to wear between treatments and a locker for your personal belongings. Our therapists are highly trained in draping procedures to ensure your complete privacy; for your comfort, undergarments may be worn during treatments. Swimsuits are required in some areas of the spa.

GIFT CARDS

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Reception Hosts for further information.





RAFFLES SPA

BUD: BODY TREATMENTS

Signature Treatments		
Lotus Transformation	90 Minutes	679
Raffles Enchanting Garden Ceremony of Lavender/Rose	90 Minutes	699
Raffles Lavender Indulgence	90 Minutes	699
Hammam Tradition	120 Minutes	879
Body Treatments		
Sun Recovery Hydration Wrap	60 Minutes	429
Marine Detox Discovery	90 Minutes	659
Immune Booster	90 Minutes	659
Enrich Indulgence	90 Minutes	759
Massage Treatments		
Traditional Hot Stone	60 Minutes	479
	90 Minutes	679
Aromatherapy Massage	60 Minutes	459
	90 Minutes	659
Deep Pressure	60 Minutes	479
	90 Minutes	679
Traditional Mix Thai Massage	60 Minutes	479
	90 Minutes	679
Recovery Massage	60 Minutes	479
Sweet Dreams	60 Minutes	479
Stress Relief	60 Minutes	459
Reflexology	60 Minutes	429
Maternity Massage	60 Minutes	459
Upgrades		
Stimulating Salt Scrub	30 Minutes	259
Chamomile Comfort	30 Minutes	259
Turkish Scrub with Eucalyptus	30 Minutes	259

BLOSSOM: BEAUTY TREATMENTS

Facial Treatments		
The Customised Cleansing Facial	60 Minutes	429
Environmental Facial	60 Minutes	429
Classic Cleanse	60 Minutes	529
Ultimate Cleanse	90 Minutes	729
Transformation Facial	90 Minutes	799
Signature Caviar Facial	90 Minutes	859
Egyptian Gold	90 Minutes	1899
Gentlemen's Facial Treatments		
Noble Man	60 Minutes	429
Black Diamond Exfoliation	60 Minutes	659
Black Diamond Recovery	90 Minutes	699
Upgrades		
Eye Of Horus	30 Minutes	119
Brightening	15 Minutes	159
Moisture Boost		129
Anti-Redness		279
Intensive Repair		279
Glycolic		189
Advanced Anti - Aging Treatments - K-Lift Facial		
Advanced Results with K-Lifting Technology		120 Minutes
		1,099
Caviar Signature Facial with K- Lifting Technology		
120 Minutes		1,099
For a full course of 12 or monthly maintenance please contact the Spa.		
Express Anti - Aging Treatments		
Express eyes	30 Minutes	299
Express lips	30 Minutes	299
Express congestion	30 Minutes	299
Express lift	30 Minutes	299

Gift vouchers available on request.

All prices are in AED and inclusive of 10% Service Charge and 10% Municipality Fee



RAFFLES SPA

BLOOM: SPA PACKAGES

Couples' Treatments			
Togetherness	60 Minutes	859	
	90 Minutes	1,259	

Romantic Retreat	90 Minutes	1,299	
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Packages

Journey Through Relaxation	2.5 Hours	1,199	
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Journey Through Clarity	2.5 Hours	1,199	
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Journey Through Rejuvenation	2.5 Hours	1,499	
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Living Well	4 Hours	1,499	
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Ultimate Transformation	6 Hours	2,229	
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Beauty Treatments

Express Manicure	45 Minutes	129	
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Express Pedicure	45 Minutes	159	
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Signature Manicure	60 Minutes	159	
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Signature Pedicure	60 Minutes	189	
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Deluxe Men's Hand Grooming	60 Minutes	159	
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Deluxe Men's Foot Grooming	60 Minutes	189	
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Royal Service - Mani & Pedi	90 Minutes	259	
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Threading - Upperlip		39	
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Threading - Eyebrows		59	
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Tinting - Eyebrows		49	
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HAIR TREATMENTS:

Raffles Ladies Salon

Ladies Cut		from 150
Shampoo and Blow dry	Short	129
	Medium	169
	Long	199

Deep Conditioning Treatments		from 125
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Colour		from 299
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High or Low Lights	Half Head	249
	Full Head	449

Hair Straightening		from 499
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Keratine Treatment		from 800
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Hair Styling (waves or curls)		from 249
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Hair Updo		from 299
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MALE GROOMING

Raffles Men's Salon

Classic Shave	60 Minutes	310
Quick Shave	45 Minutes	210
Trimming	15 Minutes	99
Deluxe Scalp Shave	45 Minutes	199
Scalp Shave	30 Minutes	129
Men's Haircut	30 Minutes	129
Blowdry	30 Minutes	89
Colour	45 Minutes	199
Keratin	90 Minutes	800

Gift vouchers available on request.

All prices are in AED and inclusive of 10% Service Charge and 10% Municipality Fee

RAFFLES DUBAI

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